

# Ice Planet

## **SCHEDULE GROUPS** **All groups Saturday** **WEEK 28- 2019**

where	when	what	who
	<b>Saturday</b>		
ice	08:30- 09:10	duo contest	Contest Bauer- Biellmann
ice	09:15- 09:55	duo contest	Contest Axel- Salchow
	<i>Ice resurfacing</i>		
ice	10:20- 11:00	duo contest	Contest Flip- lutz- HENIE
ice	11:05-11:30	duo contest	Kostner- Browning Contest
gymnasium	12:15-12:45	Demo dance	With public

### *Draw of order, and timing*

Bauer- biellmann CONTEST		
order	<b>warm up</b>	<b>08h30</b>
1	Annie	Lucia Y
2	Elsa	Faye
3	Eline G	Isvan
4	Ingrid S	Nathan
5	Adam R	Julia A
	<b>warm up</b>	<b>08h51</b>
7	Alex J	Maria A
8	Laurine	Elisa
9	Helene S	Sasha G
10	Margrete S	Lina HA
11	Valeria M	Synnove
12	William	Nora A

AXEL- SALCHOW CONTEST		
order	<b>warm up</b>	<b>09h15</b>
1	Anna S	Mia L
2	Anniken	Maria Y
3	Alfa	Ea
4	Meissane	Susanne
	<b>warm up</b>	<b>09h31</b>
5	Maria F	Camille
6	Luciana	Vicky
7	Janire	Andrea P
8	Andrea B	Caro
9	Sara A	Lucia A

*Edition 2019-001*

LUTZ- HENIE- FLIP CONTEST		
order	<b>warm up</b>	<b>10h15</b>
1	Iris	Birgitte
2	Vivian	Susana I
3	Mathilde C	Maeva C
4	Lily T	Daniil
5	Viktorija	Stien
	<b>warm up</b>	<b>10h34</b>
6	Candela	Emma S
7	Elise	Ella L
8	Cecilia F	Megija
9	Erika	Sofia B
10	Maria	Irina Karen
11	Elodie	Anna U

BROWNING- KOSTNER CONTEST		
order	<b>warm up</b>	<b>11h00</b>
1	Tiril	Marta J
2	Ingrid Louise	Kaia
3	SilJA	Sara
4	Marte	Ann- Charlot
5	Shaury	Marina F
6	Ana S	Malene

**RULES for contest :**

- 1- program should be 1min 30 long ( maximum 2 min for Kostner- Browning)
- 2- it must include 1 spiral position together
- 3- it must include a parallel jump or a throw jump
- 4- it must include a parellel spin or a spin together
- 5- it must include a step sequence ( blue line to blue line minimum)
- 6- it must include a lift

**Music must be given by USB key to Kateryna, or sent by email.**

**Youtube link are accepted if the exact timing is given ( when to start, when to stop).**

**Music must be given to KATERYNA no more later than Thursday 11th july at 19h00.**

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*GOOD LUCK and HAVE FUN !*