

Ice Planet

SCHEDULE GROUPS

Ina BAUER

WEEKS 28- 2019

Monday –to- Friday:

06 :45 : breakfast 1

07 :10 : meeting point in lobby

07 :30--08 :15 : on ice, steps/skating skills

08 :15-09:30 : breakfast 2

09:50 : meeting point in lobby

10 :00- 10 :45 : Ballet, squash room at ice rink

11 :00-11 :45 : on ice, technic

12 :45-13 :30. on ice, technic

13 :40 : lunch

15 :00 : meeting point in lobby

15 :10- 16 :00 : off ice work in Gymnasium

20 :00 : Dinner