

Ice Planet

SCHEDULE GROUPS **ICE DANCE** **WEEKS 30- 2023**

Monday –to- Friday:

07 h00 - 08h00: breakfast

08 :10 : meeting point in lobby

08 :45–09:30 : on ice, steps/skating skills

10 h05 : meeting point in lobby

10 h15- 11 h00 Ballet, in Gymnasium

12 h25 : meeting point in lobby

13 h00-13 h45. on ice, technic

13 h55 : lunch

14 h50 : meeting point in lobby

15 h00- 15 h45 : off ice work in Gymnasium

19 :00 : Dinner

19 :55 : meeting point in lobby

20 :30-21 :15. on ice, technic