

Ice Planet

SCHEDULE GROUPS
SALCHOW GROUP
WEEKS 29- 2025

Monday –to- Thursday:

06 h50 : meeting point in lobby

07 h15--08 h00 : on ice, steps/skating skills

08 h15- 09h00 : breakfast

09 h05 : meeting point in lobby

09 h15- 10 h00 Ballet, in Gymnasium

10 h45-11 h30. on ice, technic

12 h30- 13h15 : lunch

13 h40 : meeting point in lobby

14 h15-15 h00. on ice, technic

16 h00 : meeting point in lobby

16 h10-16 h55. off ice work in Gymnasium

19 h30 : Dinner

Ice Planet

SCHEDULE GROUPS
SALCHOW GROUP
WEEKS 29- 2025

Friday:

08 h00- 08h45 : breakfast

09 h05 : meeting point in lobby

09 h15- 10 h00 Ballet, in Gymnasium

10 h45-11 h30. on ice, technic

12 h30- 13h15 : lunch

13 h40 : meeting point in lobby

14 h15-15 h00. on ice, technic

16 h00 : meeting point in lobby

16 h10-16 h55. off ice work in Gymnasium

19 h30 : Dinner