



SCHEDULE GROUP
ADULTS
WEEKS 29- 2019

Monday –to- Friday:

06 :45 : breakfast 1

07 :10 : meeting point in lobby

07 :30- 08 :15 : on ice, steps/skating skills

08 :30 : breakfast 2

09:50- 10 :40 : off ice work in Gymnasium

11 :00-11 :45. on ice, technic

12 :45-13 :30 : on ice, technic

13 :40 : lunch

17 :15 : meeting point in the lobby

17 :25- 18 :05 : Ballet, ballet room at ice rink

20 :00 : Dinner